



## Korean

### Kicks that use the ball of the foot (ap kumchi)

Front snap kick- Ap chabusigi

Twist Kick- Bituro Chagi

Turning kick- Dollyo Chagi

Side Thrust kick- Yop cha tulgi

## TAE KWON DO – IMPORTANT DATE TIMELINE

TKD was inaugurated **11<sup>th</sup> April 1955** in South Korea by **Major General Choi Hong Hi** 9<sup>th</sup> dan



TKD was introduced into the UK in **1967** by **Master Rhee Ki Ha**



TAGB was formed **August 1983**



**British Tae Kwon Do Council (BTC)** was formed on **21<sup>st</sup> April 1988**



**Miss Hill** started Tae kwon do **24<sup>th</sup> Feb 1992** in Frome with Master Andrew Tombling 7<sup>th</sup> Dan



**Tae kwon do International (TI)** was formed **13<sup>th</sup> November 1993** in England



Major General Choi Hong Hi died on **Saturday 15<sup>th</sup> June 2002**

**When was your start date?**